

Healing the Heart & Soul

An afternoon workshop with Michael Mirdad

Sunday, July 31st, 2022 from 12:00-3:00pm

Healing the Heart & Soul offers the essential ingredients for personal, life transformation, as well as providing a deeper understanding as to why some people heal and others do not. It also covers the roles of forgiveness, mirroring, and miracles in relation to healing. Then it shares the specific technique of the five-step, Soul-Level Healing Process that will, in nearly every case, **uncover the “real” cause (or causes) hidden behind any particular challenge or problem** (physical, emotional, mental, financial, and even within relationships), thus making room for true transformation and healing. **Soul-Level Healing can be defined as “a two-part process of Emptying one’s cup of faulty belief systems AND Refilling this cup with new, healthy, and loving belief systems.”**

This workshop includes the following topics:

- How trauma begins and then lodges into our system
- Why some people don’t heal
- Uncovering core issues and patterns
- Mirroring
- Healing & Forgiveness
- Tracking
- Soul Retrieval

As a live interactive presentation (which is available for replay), the workshop is open to questions from attendees in person or online.

This online and in-person workshop will take place on **Sunday, July 31st, from 12:00pm-3:00pm (Arizona Time)** on Zoom and at Unity of Sedona. The workshop will be recorded for replay, which means you can watch it at your convenience AND you can watch it more than once. Time is given for the Arizona time zone. Check your local time equivalent. Be sure to use the correct date when checking time equivalent. There will be a short break about mid-way, and the entire workshop will be recorded for replay if you sign up online.

The cost is \$40.00

Additional information: All deposits, fees and donations are non-refundable. For questions or comments please contact us by email.

Register Online at [UnityofSedona.com/Events-and-Workshops](https://www.unityofsedona.com/Events-and-Workshops) or scan this code:



Michael Mirdad is a world-renowned spiritual teacher, healer, and author. He is the author of the best-selling books *You’re Not Going Crazy...You’re Just Waking Up!*, *Creating Fulfilling Relationships*, *Healing the Heart & Soul* and *The Heart of A Course In Miracles*. For over 40 years Michael has transformed the lives of thousands of clients and facilitated thousands of classes, lectures, and workshops throughout the world on Mastery, Spirituality, Relationships, and Healing and is rightly noted by many authors as a “teacher’s teacher” and a “healer’s healer.”

