

TERMS, CONDITIONS & CONSENT FOR PRIVATE SESSIONS WITH MICHAEL MIRDAD

INTRODUCTION: As part of your relationship in your Spiritual Healing, Counseling, and/or Life Guidance session, this form is to help make clear the rights and responsibilities involved. It is essential that you read the following information carefully. It is common for clients to be unsure of what they want from a session or to arrive with *one* particular goal in mind, only to discover instead that they end up gaining insights or healing in *another* area. Please keep an open mind in allowing Spirit to assist in guiding the best direction of the session.

PROFESSIONAL SKILLS: Michael's principal areas of expertise, experience, and practice are individual spiritual counseling, relationship counseling, and clearing issues related to trauma, abuse or even past lives. He is very experienced in the healing arts and bodywork and has incredible intuitive skills that can be utilized for life-guidance. In combination, these skills make these sessions unique and very diverse, which is essential since the traumas and questions of life are also diverse.

THE SESSIONS: Michael's work, guidance, and suggestions are *just that*. You are *never* being told *what* to do but are merely being offered feedback. At times, the sessions are simple and comforting. Yet, since the questions, issues and traumas of humanity are so diverse, so too are the sessions. There are times when the sessions involve prayer and forgiveness work, while other times, there is bodywork done for relaxing stress or sometimes to release trauma (such as physical or sexual abuse) stored in strategic parts of the body. The sessions often bring a permanent sense of release. However, if the session reaches a limit (such as excessive physical or mental pain, you may need to further your healing by consulting a Doctor, an on-going counselor, legal counsel, etc...), it is highly recommended that you find a professional in your area. The primary purpose of the healing aspect of these sessions is to keep you in a safe place while you journey to that place within wherein you will meet the darkest and brightest parts of your being—bringing them to the Light where healing is discovered, initiated, and integrated.

RESPONSIBILITIES: It is *your* right and responsibility to decide whether or not to engage in a private session and to decide whether the session is suitable for you. The first step towards any form of healing is for *you*, the client, to recognize and feel that *you* are ultimately in control of your session. If, at any time, you are not in agreement with what is being discussed, with the methods of healing, or if the session is triggering physical or mental discomfort, then it is *your* responsibility to mention it at the time and/or stop the session. It is also important that you be honest about any possible feelings of transference, which often occurs with powerful healing. Michael is simply with you as a guide or safe friend. There are no personal interests, agendas, and/or attachments involved in a session, nor with the information that you divulge. It is Michael's responsibility to be *with* you on many levels while remaining *objective* (yet without being "detached").

CONFIDENTIALITY: All issues discussed in the course of therapy are strictly confidential. However, if Michael feels you are a danger to yourself or others, he might be compelled to release or share information concerning the session with whomever is most appropriate.

FOLLOW-UP OR EMERGENCY CONTACT: Since it is not always easy to reach Michael directly, we strongly suggest that if you experience any type of crisis, you should contact the appropriate person in your region to help you (e.g. doctor, counselor, etc.). After all, consistent support is as vital to healing as the dramatic, miraculous shifts you might experience in the session itself.

TIME & FEES: It is important for a healthy, therapeutic relationship that there are clear financial agreements. So let it be known that Michael's sessions are 25 minutes—although there are occasional exceptions. The sessions usually begin and end on time but if you agree to a session, you are also agreeing to allow Michael to contact you as much as 30-60 minutes before or after the scheduled time. The fee for a first-time session is \$120.00 and \$100.00 thereafter. Cancellations with less than 24 hours' notice—or if you miss the call—will still be charged the full amount for the session.

CONSENT: I have read the above information and clarified any questions I have. I agree to the stated terms, conditions, responsibilities, and explanations. I recognize that there are certain inherent risks associated with the above described activity and I assume full responsibility for personal injury or other damages that I may incur to myself and (if applicable) my family members. I release and discharge Grail Productions (Michael Mirdad, and any sponsoring parties of the sessions) for injury, loss or damage arising out of the aforementioned session. I understand that participating in such involves a reasonable amount of risk to my physical and emotional comfort and well-being. I also understand there isn't a single activity or process that I am forced or obligated to participate in. Furthermore, any amount of participation on my part despite encouragement or perceived peer pressure is fully made by my own choice. I agree to indemnify and defend Grail Productions (and all related parties or representatives) against all claims, causes of action, damages, judgments, costs or expenses, including attorney fees and other litigation costs, which may in any way arise from this or any future sessions.

Print Name: _____ Email: _____

Signature: _____ Date: _____