# THE LORD'S PRAYER



#### THE LORD'S PRAYER IN ARAMAIC:

Avwoon d'bish-mAya

=Our Beloved Creator Who *is* All and Eternal...the one I choose and love

nith-kaddash shim-mukh

=Sacred and Holy is your Name

Te-they mul-chu-tukh

=Let Your Consciousness be experienced

Neh-weh say-we-yanukh achanna d'bish-mAya ap-barr-ah

=Let Your Will be done throughout the earth, just as it is in Heaven

How-lan lakh-ma dsoon-kanan yow-mana

=Fulfill for us, our personal and spiritual needs

O'shwook-lan kho-bayne ei-channa dap-kannan O'shwook-lan khai-ya-wayne

=Teach us to forgive and release ourselves as well as forgiving and releasing others

Oo'la te'lan-l'nisyuna I'lla-pasan-min-beesha

=Lead us when we are in temptation, but deliver us from harm and illusion

Mitol de-lukh-hai my-choota o'khai-la

=Because only You are the Consciousness and Power of the universe

O'Tish-boh-tha la-alam al-meen

=All glory, songs, and praise—throughout all ages—belong to you.

Amen=And this is what I choose and believe! And so it is!

## THE LORD'S PRAYER TO THE FATHER-GOD:

"Our Father-Mother God whose presence is Heaven, Hallowed and Holy is your Name. Let your Kingdom come and your Will of Love be done, in and through us, just as it is in Heaven. Give us this day the fulfillment of our needs, and teach us to forgive ourselves as well as others. Lead us when we are in temptation, and deliver us from the illusions of our ego. For only your Way is Loving and True, Forever and ever—So be it, Amen"

### THE LORD'S PRAYER TO THE MOTHER-GOD:

Our Divine Mother, the Holy Spirit of God whose Love surrounds us. Nurturing and comforting is your Name and your Presence. Let your miracles of love, forgiveness, and healing be done throughout every aspect of our lives. Fulfill our daily needs and teach us to honor one another through our relationships. Help us to release our ego and to choose only you as our Teacher, our Guide, and our Healer. For it is your Love that restores our soul to the Divine State from which we came and may now return. Amen.

## **Effects of Lord's Prayer on Chakras**

Our Father/Mother God, Who Art in Heaven

Hallowed be Thy Name

Thy Kingdom come, **Thy Will** be done, On earth, as it is in Heaven

But deliver us from evil

And **forgive** us our debts, As we **forgive** our debtors

Lead us not into temptation

Give us this day, our daily needs

